Competition Info

SPRING 2022

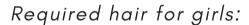
DATES

Competition Dates

Date	Competition	Venue	Teams attending
March 5 th	Aspire	Mountain View HS, Orem	Inspire, Focus, Endurance, Vision, Ascend, Hip hop teams
March 12 th	Dare 2 Dance	Taylorsville High school	Inspire, Focus, Endurance, Vision, Ascend, Elevate, Excel
March 26 th	Amplify	Skyridge High school	All Teams + Hip Hop
April 16 th	AOS State championships	Taylorsville High School	All teams +Hip Hop
April 30 th	Step up	Cedar City Utah	All Teams except hip hop and Endurance



HAIR



Part on the left. Use wet hair and gel and slick back into center, low pony. Take a small strand and braid and wrap around the ponytail. Bobypin to hold tight!







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NUDE LEOTARDS

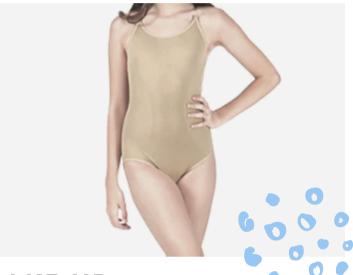
*Mandatory

It is necessary that you purchase a nude leotard to wear under your costumes for competitions. There are usually no private changing rooms, only shared rooms so being able to have a leo underneath can make all the difference! You will need one that has CLEAR straps! Older dancer take note of which leos are lined or not, or purchase a nude bra instead.



SHOES

All regular teams need half sole turning shoes in tan. Hip Hop Crews need solid black tennis shoes.



MAKE UP

Required make up for girls

All girls are required to wear this same matching make up. We recommend the Senegence brand for eye shadow, eye liner, and lip stick/gloss becuase it stays! However, it is not required as long as you find an exact color match in another brand that will work as well. Silver shimmer eye shadow, black eye liner and in corners shading, blush, and bright red lipstick. Fake Eye lashes required for ages 9+, mascara only is ok for those younger 8 and younger.

